Atopic dermatitis

Dietary Allergy

Flea Allergy
Scabies mites

Infection of skin
Drying of skin

ITCH

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Five + 1/2 Pillars Approach to Atopic Dermatitis

1. Symptomatic drugs
   • Corticosteroids Tablets **** xxxx
   • Cyclosporine ****
   • Antihistamines * x cetirizine fexofenadine

2. Allergen specific immunotherapy “Desensitization” ***

3. Infection control ** - ***

4. Skin hydration and barrier repair. Moisturizing **-***

5. Control other allergies (diet, fleas) **-***

5&1/2.
   • Essential fatty acid therapy *-**
   • Allergen avoidance * (if possible)

Effectiveness * -> *****
Side effect profile x -> XXXX
Your plan

Diagnostic

Symptomatic

Infection control

Barrier repair

Immunotherapy

Other

Next Appointment: